

San Diego Reiki Corps Outreach at Scripps Code Lavender



This year Scripps offered their Employees and Physicians a day event of rest and rejuvenation. Of course Reiki was included as well as Reflexology, Healing Touch, Aromatherapy, Music/Sound Therapy and Massage. We offered treatments at five different locations throughout May and in June.

It was a lovely opportunity to give back to our medical community and much enjoyed by all. Thank you everyone for your participation!!



Joyce Magner

Scripps Lead Stephanie Whittington and Terry Lynne Wolfe



Back Row: Cindy DiTuillo, Roxanne Chrestman, Fukiko Miyagi
Front: Kat Papike, Joan Boccio, Sandra Wennhold, Allison Brilmyer

Nedra Abramson and Nancy Meli Walker



Wellness All Around You

Code Lavender: Employee and Physician Care Event



Volunteers Needed for this First Time SDRC Outreach Event with Scripps

Join other energy workers and provide Reiki at these events which will be held at different Scripps locations throughout May.

The events are designed to help staff learn about and experience different stress management and relaxation techniques. 10 minute sessions in modalities such as Aromatherapy, Reiki, Music/sound therapy, Reflexology, Healing Touch, and Massage will be offered to staff.

Contact: Joan Boccio
outreach@SanDiegoReikiCorps.org

May 18 La Jolla CSCR Conference 11:00a-1:00p
May 19 La Jolla CSCR Conference 11:00a-12:00p

May 18 Chula Vista 2:00p-6:00p
May 23 Encinitas 7:30a-3:00p
June 1 Corporate 12:00p-4:00p

